

Fostering and encouraging the athletic teams of Wayland High School and Wayland Middle School in all phases of interscholastic competition



Winter Season Newsletter

March 2021

Seasons were shorter than usual, but Wayland High School Athletes, Coaches & Staff continued to succeed on and off the courts, ice, snow, and in the water!

FROM THE COACHES

SWIM & DIVE Coach Mike Foley

The swim and dive team had themselves another successful season, despite the challenges they faced all winter along with all the other teams. One big challenge was that all their meets were held virtually. We competed at our own pool, while the other team competed at their pool, often on different days. It took a lot of internal and team support to race hard and dive well when you didn't have your "competition" next to you and the inability to see the meet unfolding as it progressed. Times were just entered into a google doc and then you waited to see how you did.

Despite these challenges both teams ended the season undefeated while continuing to face stiff competition of the DCL and a strong non-league schedule as well. The league hosted a virtual DCL championship meet where the boys won for the 5th straight year and the girls team finished in 2nd place for the 4th straight year. The boys team broke 5 varsity records which included Armen Abrahamian, Billy Burke, Max Nelson, Lucas Pralle, Jason Shu & Jiming Xu. The league recognized the following as first team DCL All Stars: Armen Abrahamian, Billy Burke, Kate Clifford, Riley Kendall, Max Nelson, Calvin Neprud, Lucas Pralle, Remmi Shaw, Jason Shu, Jiming Xu and Lily Yu.

The team finished the year with a virtual state meet sponsored by the state swim coaches association. The boys team would have come out on top for their 5th consecutive state title and the girls would have finished 3rd overall. The coaches were very proud of the way the team and seniors handled the challenges and changes they had to work with this winter, yet still created an environment that welcomed the new members to the team and continued to challenge everyone to be their best all season long.

BOOSTER AWARDS GIVEN FOR OUTSTANDING PERFORMANCES

The Buzz Bowers Sportsmanship Award is presented to a varsity player whose behavior is characterized by fair play, who shows generosity and general concern for others, who demonstrates sportsmanship in a loss and is a gracious winner.

The Jim Griffin Booster Award is given to a varsity athlete who has shown outstanding merit in the areas of leadership, sportsmanship, team spirit and athletic ability. These qualities should be present both on and off the field.







Below is a list of student athletes individually recognized for their achievements during the Winter 2021 season The Hal Barnett Unsung Hero Award is awarded to a varsity team member who shows what hard work and dedication can mean in improving the overall quality and well being of the team. The criteria for this award are hard work, willingness to do what is needed for the best interest of the team, and good attendance at practices and games. The recipient should be a player not otherwise recognized.

SPORT	HAL BARNETT	JIM GRIFFIN	BUZZ BOWERS
Boys Swim	Calvin Neprud	Jiming Xu	Armen Abrahamian
Girls Swim	Juliette Smith	Remmi Shaw	Hilla Almog
Boys Nordic Ski	Jason Gehring	Billy Caddoo	Ry Yamaguchi
Girls Nordic Ski	Ava Korzeniowski	Tali Wong	Darcy Foreman
Boys Basketball	Dahlak Amanuel	Noah Lee	Brian Grasso
Girls Basketball	Abby Gavin	Meredith Prince	Ella L'Esperance
Girls Hockey	Julia Wegerbauer	Sophia Fantoni	Ellie Smith
Boys Hockey	Jett Peter	Max Brande	Jay Provost
Girls Alpine Ski	Mackenzie Orlov	Bryn Leonard	Sophia Engelhardt
Boys Alpine Ski	Alex DiCarlo	Devin DiCarlo	Declan Murphy

DCL ALL STARS

Girls Basketball	Haley Melvin, Sammy Johnson		
Boys Basketball	Noah Lee, Dahlak Amanuel		
Girls Swim	Kate Clifford, Riley Kendall, Remmi Shaw, Lily Yu		
Boys Swim	Armen Abrahamian, Billy Burke, Max Nelson, Ca <mark>lvin N</mark> eprud, Lucas Pralle, Jason Shu, Jiming Xu,		
Girls Alpine Ski	Bryn Leonard, Sophia Engelhardt		
Boys Alpine Ski	Declan Murphy		
Girls Nordic Ski	Tali Wong		
Boys Nordic Ski	Billy Caddoo, Keenan Schlip, Andrew Zhao, Daniel Narvaez		
Girls Hockey	Sophia Fantoni, Devan Dacey, Jacqueline Goode, Reed Van Ogtrop		
Boys Hockey	Will Carr, Joe Tardiff, Joe Vanaria		

Boys Coach Dennis Doherty

Fortunately, we were able to have a boys basketball season. It was reduced to 10-games and very different in a lot of ways but overall, it was a rewarding experience for **BASKETBALL** February break in a DCL Here is some all of us!

season:

Record: 3-7

Team Captains; Noah Lee, Dahlak Amanuel, and Porter Moody

information from our

DCL All-Stars: Noah Lee (Senior/2nd season in a row being named an All-Star) and Dahlak Amanuel (Senior)

Girls Coach Amanda Rukstalis

The girls basketball team is so grateful we were able to have a season this winter! We had a lot of fun in practice, building our skills and team relationships. We played ten games and one game over

tournament. One of our most memorable moments was a buzzer beater win against Newton South, a team we hadn't beat in a very long time. We had two players named DCL All Star, Haley Melvin and Sammy Johnson. We are going to miss our great senior leaders Abby Gavron, Meredith Prince and Ella L'Esperance and wish them the best of luck next year.

Girls Coach Wink Van Ogtrop

Wayland Weston Girls Hockey WARCATS team had a great season ending with a record of Varsity: 6-7, JV 1-3. Our players worked hard all season on and off the ice and came a very long way as a team. We were solid in goal with two outstanding

goaltenders: Sophomore Deven Dacey (Weston) and 8th grader Tilly Myles (Wayland). Our team was anchored by tremendous leadership from the blue line from Junior Sophia Fantoni (Wayland), Junior Reed Van Ogtrop (Weston), and Junior Julia Wegerbauer

(Wayland). Our offense was spearheaded by our first line made up of Senior Jacqueline Goode (Weston), Sophomore Ellie Smith (Wayland) and Freshman Coco Curran (Weston). Highlights of the season included beating Boston Latin 4 times in the regular season and playing Waltham to a tie in regulation play when playing with only 5 forwards and 3 defense. Our JV team had a huge win over Boston Latin in their final game of the season. The WARCATS won the DCL Small regular season and fell to Boston Latin 3-1 in the COVID cup which was the final game of the season. Four WARCATS players were recognized by the league for their skill and contributions and were named DCL All Star players: Congratulations to Sophia Fantoni (Wayland), Deven Dacey (Weston), Jacqueline Goode (Weston) and Reed Van Ogtrop (Weston) for your DCL All Star Recognition. While we will miss the fiery leadership of our Senior Captain Jacqueline Goode, we are very excited to get back on the ice with our team next season. GO **WARCATS!**

Boys Coach EJ Nicholas

Boys Varsity Ice Hockey began this year in an entirely new way of life, with no locker rooms or buses for rinks this year. The team took the new restrictions in stride, and began their season learning how to navigate the new restrictions and

rules. Facing new division 1 and 2 opponents didn't fear this team of Warriors. The Warriors fought through some tough battles with very skilled opponents, but faced one nobody was ready for and had to take a tough 2 week break. After returning to the

ice for the remainder of the season, the Warriors made an excellent fight leading them to the DCL Small championship. Through all the tough battles, both on and off the ice, the Warriors never backed down, and continued to enjoy the altered season the best they could. The coaching staff and remaining players would like to wish our Seniors the best in their futures, and want to thank each of them for their hard work and dedication to the program for the past 4 years.

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Boosters

ALPINE SKI

Coach George Conlin

We saw five races instead of six this year. We graduated four ladies from a DCL championship team, so a rebuilding year, sophomores Bryn Leonard, 10th place, and Sophia Engelhardt, 12th place, rose up and were both DCL all stars. Besides these crazy times we had two strong skiers injured, Devin DeCarlo, captain, suffered a torn ACL in the first race, and sophomore Emily Roberge severely sprained her ankle after a strong finish in the first race! Very small team, but we had a great time and improved significantly.



Now Available at the Wayland Depot

OPEN Wed-Sat
12-4pm
One Cochituate Road,
Wayland, MA 01778
508-358-5386
thewaylanddepot.com

NORDIC SKI Coach Chris Li

The Nordic team had a great season, the team grew by 25% and new skiers to the team doubled from the years past! We were able to get in 5 races and be on snow 3-4 times a week. At the beginning of the season we had a parent pack down the snow on the athletic fields for us to have our own private ski track.

If this had been a regular ski season, the following skiers would be getting ready for the post season championship races. If you see them, please be sure to congratulate the following skiers:

Eastern HS Team
Tali Wong
Billy Caddoo
Keenan Schlip

<u>U16 Team</u>
Amy McCormack
Megan O'Donnell
Erica O'Donnell
Daniel Narvaez

Congratulations again to all our teams and student athletes! Thank you to all the coaches and the Athletic Department for their help with this newsletter.

Check out these links for other Wayland Boosters information: https://waylandboosters.org